



# “GO RED”

## Lunch & Learn

Let's have a heart to heart on **heart health**. In recognition of **American Heart Month**, join us for a free session on how to keep your heart healthy.

**Tuesday, February 18, 2025**  
**11:30am-1:00pm**

Governmental Complex-Commons Area  
309 W Cornelius Harnett Blvd Lillington

Luncheon Speaker: **Dr. Amol Bahekar, Cardiologist**  
Harnett Health Heart and Vascular Specialists

*Lunch will be provided. Seating is limited.*

To Register:

Harnett County Health Department

910-814-6298 or

<https://www.surveymonkey.com/r/GoRedHCHD>

Registration deadline: Friday, February 14<sup>th</sup>



Scan to register

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