

Enjoy an Active and Healthy Lifestyle

- We provide a warm social atmosphere & personal enrichment activities for older adults in the community
- You must come in to sign up for Classes, Special Events & Trips. Registration *may be* required.
- Information is always available at your request

Special Notice

Lunch will be served at 11-11:20am, when available. The center's operating hours are listed below each calendar days heading

Special Events This Month

- Oct 2 - Helping Hands will be here and pick up the Linus blankets we have for them
- Oct 5 - Miss Sue will have Homecoming at Miss Ruby's farm
- Oct 8 - Plateau quilt starts Tuesdays at 9am, must sign up
- Oct 9 - PO*KE*NO starts at 10am
- Oct 9&23 - EPICS starts at 11am
- Oct 11 - Trip to Gregory Vineyards, must sign up
- Oct 12 - Center Craft & Yard sale starts at 8am
- Oct 15 - Brianna will be her at 12pm to let you know about mobile phlebotomy
- Oct 16 - Angela Baker will be here at 9am to help/explain about next years advantage plans
- Oct 22 - Our trip to the NC State Fair, we must be in Lillington by 7:45am
- Oct 23 - Our guest will be here at 10am to talk about banking & your social security
- Oct 25&28 don't forget to do the Dream Center work
- Oct 30 - LeeAnn will be here to help with next years drug plans, must make an appointment



Sunday Closed	Monday 9am - 2pm	Tuesday 9am - 2pm	Wednesday 9am - 2pm	Thursday 9am - 2pm	Friday 9am - 2pm	Saturday
		1 Sewing	2 Helping Hands Linus Blankets	3 Everything Yarn	4 Work on Your Own or Fundraiser	5 Homecoming at Miss Ruby's Farm Starts at 3pm
6	7 Work on Your Own or Fundraiser	8 Plateau Quilt	9 PO*KE*NO EPICS 11am	10 Everything Yarn	11 Gregory Vineyards Leaving Center 2pm	12 Center Craft & Yard Sale 8am-2pm
13	14 Work on Your Own or Fundraiser	15 Plateau Quilt	16 Brianna Sterling Mobile Phlebotomy	17 Angela Baker 9am	18 Everything Yarn Work on Your Own or Fundraiser	19
20	21 Work on Your Own or Fundraiser	22 State Fair	23 Banking & Social Security EPICS Gathering	24 Everything Yarn	25 Work on Your Own Dream Center Work	26
27	28 Barbra Payne Herbologist 9:30 Dream Center Work	29 Plateau Quilt	30 Drug Plans Appointments	31 Everything Yarn		
Happy Birthday 03 Evelyn 07 Doris 10 Karen 28 Hatsuko 28 Donald 31 Hazel						
Community Notes Ruritans Meet at the Anderson Creek Senior Center Thursday, October 10th at 6pm Union United Methodist Church Pantry 10/9 5pm to 6:30pm and 10/26 9am to 10:30am AC Community Church Food Pantry Hours are Thurs 10-1:30pm - Teach All Nations Pantry 10/11 1pm to 5pm						
Telephone: 910.436.4157 • Monday, Tuesday, Wednesday, Thursday & Friday 9am - 2pm						