Enjoy an Active and Healthy Lifestyle

- We provide a warm social atmosphere & personal enrichment activities for older adults in the community
- You must come in to signup for Classes, Special Events
 Trips. Registration may be required.
- Information is always available at your request

Special Notice

Lunch will be served at 11-11:20am, when available. The center's operating hours are listed below each calendar days heading

Special Events This Month

Oct 1 - Fun & Fitness day in Erwin & eating at Pizza

House, leaving 9:15 am must sign up

Oct 4 - Homecoming at Miss Ruby's farm at 3pm

Oct 7, 14, 28 - New quilt starts at 9:30, must sign up
Oct 8 - PO*KE*NO starts at 10am

Oct 15 - We will be finishing up the personal care bottles to donate to Union's pantry

Oct 17 - Are you going to the Quilt Show in Sanford or the Farm Show in Lillington (seniors have a booth), or both? Ask for information

Oct 18 - The seniors will have a booth from 9 am to 4 pm
Oct 21 - State Fair Day, must sign up

Oct 22 - Tammy will be here to talk about time

management so you don't stress over the Holidays 10am Oct 24 ~ Trip to Southern Supreme & lunch at

Valente's, must sign up

Oct 29 - Hope to be close to finishing up the hats & blankets to go out during the holidays, starts at 9:30am Oct 31 - Drug Plan appointments, must sign up



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Closed	9am - 2pm	9am ~ 2pm	9am-2pm	9am - 2pm	9am - 2pm	
			Fun & Fitness	2 Everything Yarn		Homecoming at Miss Ruby's Farm Miss at 3pm
			Day		or j undraiser	Miss Ruby 3 Starts at 3pm
5	6	7	8	9	10	11
	Work on Your Own	New Quilt	PO*KE*NO	Everything Yarn	Work on Your Own	
	or Fundraíser				or Fundraiser	
12	13	14	15	16	17	18
	Work on Your Own	New Quilt	Personal Care	Everything Yarn	Quilt Show	Stewarts Greenhouse
	or Fundraiser		for Unions Pantry		Farm Show	Fall Bazar
19	20	21	22	23	24	25
	Work on Your Own	State Fair	Tammy at 10am	Everything Yarn	Tríp to	
	or Fundraiser				Southern Supreme	
26	27	28	29	30	31	
	Work on Your Own	New Quilt	Línus Blankets	Everything Yarn	Drug Plan	
	or Fundraiser	5 11 1/			Appointments	

Happy Birthday 10 Karen 28 Hatsuko 28 Donald 31 Hazel Community Notes

Ruritans Meet at the Anderson Creek Senior Center Thursday, October 9th at 6pm Union United Methodist Church Pantry 10/8 5pm to 6:30pm and 10/25 9am to 10:30am

AC Community Church Food Pantry Hours are Thurs 10-1:30pm - Teach All Nations Pantry 10/10 1pm to 5pm

Harnett Food Pantry Monday 4-6:30pm, Tuesday 1-4pm & Thursday 10am-1pm

Telephone: 910.436.4157 • Monday, Tuesday, Wednesday, Thursday & Friday 9am - 2pm