## Enjoy an Active and Healthy Lifestyle

- We provide a warm social atmosphere & personal enrichment activities for older adults in the community
- You must come in to signup for Classes, Special Events & Trips. Registration may be required.
- Information is always available at your request

## Special Notice

| unch will be served from 11 to 11:20am

The center's operating hours are listed below each calendar days heading

> Special Events This Month Sept 1 - Labor Day, Enjoy the Holiday Sept 1- Happy Labor Day!

Sept 3-PO\*KE\*NO starts at 10am

Sept 4 & 18- Senior Tech with Stephanie 11-1pm

Sept 6- Liola's yard sale

Sept 8- Health Dept. will be here giving flu shots at 10am

Sept 10- Tammy will be here for a great health info talk at

Sept 11-911 prep day starts at 9am, sign up to help

Sept 12-911 Day of Service starts at 9am, sign up to

Sept 17- Get a Linus to finish to be given out Christmas

Sept 18- A talk about Generational Wealth and lunch will

start at 10am

Sept 25- The new "Tree Quilt" starts at 9:30am

Sept 24-Let's talk about a Dementia Friendly

Community, starts at 10am

Sept 25- Trip to Raleigh Farmer's Market leaving at

9:30am, sign up

Sept 26-Come to our Farmer's Market at the Center



,	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Closed	9am - 2pm	9am - 2pm	9am - 2pm	9am - 2pm	9am - 2pm	Closed
ĺ		1	2	3	4	5	6
		HOLIDAY	Sewing	PO*KE*NO	Everything Yarn	Work on Your Own	Liola¹s
n					Senior Tech		Yard Sale
	7	8	9	10	11	12	13
		Health Dept.	Sewing	Tammy	911 Prep Day	911 Day of	
		Flu Shots			Blood Drive 1-5pm	Service	
	14	15	16	17	18	19	20
		Fundraiser Work	Sewing	Get Your Linus	Generational Wealth	Work on Your Own	
		Site Training		Blanket	Senior Tech		
	21	22	23	24	25	26	27
		Work on Your Own	New Quilt Starts	Dementia Friendly	Raleigh	Center Farmer's	
				Community	Farmer's Market	Market 8 to 11	
	2.8	29	30	1	2	3	4
		Work on Your Own	New Quilt Starts				
ľ	Happy Birthday 4 Carmen 5 Remembering Fred 15 Flsie W 15 Marie 20 Catherine 29 Paulette						

Pappy Dirthday 4 Carmen 5 Kemembering Fred 15 Elsie W 15 Marie 20 Catherine 29 Paulette

## Community Notes

Ruritans Meet at the Anderson Creek Senior Center Thursday, September 11th at 6pm

Union United Methodist Church Pantry 9/10 5pm to 6:30pm and 9/27 9am to 10:30am

AC Community Church Food Pantry Hours are Thurs 10-1:30pm - Teach All Nations Pantry 9/12 1pm to 4 Harnett Food Pantry Mondays 4-6:30pm, Tuesdays 1-4pm, Thursdays 10-1pm

Telephone: (910)436-4157 • Monday through Friday 9am-2pm