



Medical Weight Care Management

***Do you struggle with the need to lose weight?
Is it difficult for you to keep your weight off?
Harnett County recognizes this struggle and
how it affects your health and well-being!***

What is, **HealthMapRx**?

- A **free** health benefit available to employees and their dependents who are covered by Harnett County's health insurance.
- Though the benefit program is employer sponsored, the County **WILL NOT** have access to any personal health information.
- To view a testimonial video, select hyperlink below:
[Medical Weight Management Testimonial Video Link \(Control + Select\)](#)

Do **YOU** qualify?

- If you have a BMI (body mass index) of 40 or more and do not have diabetes, you may qualify for the Medical Weight Management Program.

What's in it for **YOU**?

- **Education and on-going Support:** Participants engage in a series of virtual small group educational activities and weekly electronic check-ins with their MWMP health coach; in addition to routine meetings (4 times per year) with their assigned **Pharmacist Care Manager**.
- **Participation Incentive:** Participants can earn up to **\$120 per year**.
- **\$0 Co-pay for Medications:** Co-pays are waived for preferred medications.
- **Self-Monitoring Technology:** Participants will receive a **digital scale** that has Bluetooth® capabilities with an app to track weekly weigh-ins.



Program
Sponsor:
Harnett



How do **YOU** screen for eligibility?

- Use the program screener QR Code above (orange) or URL below:
<https://survey.alchemer.com/s3/7579223/MWMP-Eligibility-Screener>

For more Information: Contact HealthMapRx Program Support

- Phone: (336) 580-0340
- Email: admin@emailmm.com

